

SUMMER CAMP 3-Group SCHEDULE 2025

7:30 - 8:30	Free - Floor / Wake-Up Games
8:30 – 8:40	Go Over Rules, Break Up into Groups
8:40 – 9:20	Morning Rotation 1 Group 1 (ages 4 – 5): Gymnastics or Theme Activity in KG room Group 2 (ages 6 – 7): Floor Activities Group 3 (ages 8 & up): Pit / Rope
9:20 – 10:00	Morning Rotation 2 Group 1 (ages 4 – 5): Pit / Rope Group 2 (ages 6 – 7): Gymnastics or Theme Activity in KG room Group 3 (ages 8 & up): Floor Activities
10:00 – 10:45	Morning Rotation 3 Group 1 (ages 4 – 5): Floor Activities Group 2 (ages 6 – 7): Pit / Rope Group 3 (ages 8 & up): Gymnastics or Theme Activity in KG room
10:45 – 11:25	Group 1 (Ages 4 – 5) - Lunch Group 2 (Ages 6 - 7) – Free - Floor Groups 3 (Ages 8 &up) – Pit Time
11:25 – 12:00	Group 1 (Ages 4 – 5) - Pit Time Group 2 (Ages 6 - 7) – Lunch Groups 3 (Ages 8 & up) – Free - Floor
12:00 – 12:30	Group 1 (Ages 4 – 5) - Free - Floor Group 2 (Ages 6 - 7) – Pit Time Groups 3 (Ages 8 & up) – Lunch
12:30 – 1:00	Have everyone come to floor for Dance Party while KG room gets cleaned.
1:00 – 1:30	Afternoon Rotation 1 Group 1 (ages 4 – 5): Gymnastics or Theme Activity in KG room Group 2 (ages 6 – 7): Floor Activities Group 3 (ages 8 & up): Pit / Rope
1:30 – 2:00	Afternoon Rotation 2 Group 1 (ages 4 – 5): Pit / Rope Group 2 (ages 6 – 7): Gymnastics or Theme Activity in KG room Group 3 (ages 8 & up): Floor Activities
2:00 – 2:30	Afternoon Rotation 3 Group 1 (ages 4 – 5): Floor Activities Group 2 (ages 6 – 7): Pit / Rope Group 3 (ages 8 & up): Gymnastics or Theme Activity in KG room
2:30 - 2:55	Group 1 (Ages 4 – 7 girls) - Snack Group 2 (Ages 4 – 7 boys) – Free - Floor Groups 3 (Ages 8 &up girls & boys) – Pit Time
2:55 - 3:20	Group 1 (Ages 4 – 7 girls) - Pit Time Group 2 (Ages 4 – 7 boys) – Snack Groups 3 (Ages 8 & up girls & boys) – Free - Floor
3:20 – 3:45	Group 1 (Ages 4 – 5) – Free - Floor Group 2 (Ages 6 - 7) – Pit Time Groups 3 & 4 (Ages 8 & up) – Snack (when Big Kids are all done at Snack have them sit near High Bar while KinderGym room gets cleaned
3:45 – 4:30	Group 1 - shoes on / pack up, sit along vault runway, at 4:00 littles go into KinderGym room Group 2 – Free Floor, no mats, at 4:15 this Group goes into KinderGym room Group 3 - Free Pit until 4:30, at 4:30 Big Group goes into KinderGym room

SUMMER CAMP 4-Group SCHEDULE 2025

7:30 - 8:30	Free - Floor / Wake-Up Games
8:30 - 8:40	Go Over Rules, Break Up into Groups
8:40 - 9:10	Morning Rotation 1 Group 1 (ages 4 - 5): Theme Activities (in KG room) Group 2 (ages 6 - 7): Floor Activities Group 3 (ages 8 - 9): Pit / Rope Group 4 (ages 10 & up): Gymnastics
9:10 - 9:40	Morning Rotation 2 Group 1 (ages 4 - 5): Gymnastics Group 2 (ages 6 - 7): Theme Activities (in KG room) Group 3 (ages 8 - 9): Floor Activities Group 4 (ages 10 & up): Pit / Rope
9:40 - 10:10	Morning Rotation 3 Group 1 (ages 4 - 5): Pit / Rope Group 2 (ages 6 - 7): Gymnastics Group 3 (ages 8 - 9): Theme Activities (in KG room) Group 4 (ages 10 & up): Floor Activities
10:10 - 10:40	Morning Rotation 4 Group 1 (ages 4 - 5): Floor Activities Group 2 (ages 6 - 7): Pit / Rope Group 3 (ages 8 - 9): Gymnastics Group 4 (ages 10 & up): Theme Activities (in KG room)
10:40 - 11:25	Group 1 (Ages 4 - 5) - Lunch Group 2 (Ages 6 - 7) - Free Floor Groups 3 (Ages 8 & up) - Free Pit
11:25 - 12:00	Group 1 (Ages 4 - 5) - Pit Time Group 2 (Ages 6 - 7) - Lunch Groups 3 (Ages 8 & up) - Free - Floor
12:00 - 12:30	Group 1 (Ages 4 - 5) - Free - Floor Group 2 (Ages 6 - 7) - Pit Time Groups 3 (Ages 8 & up) - Lunch
12:30 - 12:40	Have everyone come to Floor for a Dance Party while KG room gets cleaned.
12:40 - 12:45	Go Over Rules, Break into Groups
12:45 - 1:10	Afternoon Rotation 1 Group 1 (ages 4 - 5): Theme Activities (in KG room) Group 2 (ages 6 - 7): Floor Activities Group 3 (ages 8 - 9): Pit / Rope Group 4 (ages 10 & up): Gymnastics
1:10 - 1:35	Afternoon Rotation 2 Group 1 (ages 4 - 5): Gymnastics Group 2 (ages 6 - 7): Theme Activities (in KG room) Group 3 (ages 8 - 9): Floor Activities Group 4 (ages 10 & up): Pit / Rope
1:35 - 2:05	Afternoon Rotation 3 Group 1 (ages 4 - 5): Pit / Rope Group 2 (ages 6 - 7): Gymnastics Group 3 (ages 8 - 9): Theme Activities (in KG room) Group 4 (ages 10 & up): Floor Activities
2:05 - 2:35	Afternoon Rotation 4 Group 1 (ages 4 - 5): Floor Activities Group 2 (ages 6 - 7): Pit / Rope Group 3 (ages 8 - 9): Gymnastics Group 4 (ages 10 & up): Theme Activities (in KG room)
2:35 - 3:00	Snack 1 (Group 1 @ Snack, Group 2 @ Free Floor, Group 3 @ Free Pit)
3:00 - 3:20	Snack 2 (Group 1 @ Free Pit, Group 2 @ Snack, Group 3 @ Free Floor)
3:20 - 3:45	Snack 3 (Group 1 @ Free Floor, Group 2 @ Free Pit, Group 3 @ Snack)
3:45 - 4:30	Group 1 - shoes on / pack up, sit along vault runway, at 4:00 littles go into KinderGym room Group 2 - Free Floor, no mats, at 4:15 this Group goes into KinderGym room Group 3 - Free Pit until 4:30, at 4:30 Big Group goes into KinderGym room